

# Sleepover Information package



**\*\*Please note that Wednesday night sleepover is an additional charge, campers must be pre-registered and cannot register the week of. Sleepover is only available for campers in our Grade 1-6 Traditional, Multi-Sport and Nature Explorers Programs at our Kelso location. Space is limited for sleepovers. If you wish to register after you have completed the registration process please contact our office.**

## **A welcome message:**

Hello sleepover campers! We hope you are as excited as us, for Wednesday's sleepover. Listed below are some tips on what to pack for the night and next day, as well as what we will provide for the night, and what we do if it rains.

## **What to pack for the night & next day of camp:**

PLEASE pack sleepover belongings and the following days items in a separate bag from your child's regular camp backpack. Campers sleepover items will be taken up to the sleepover area before they arrive there in the evening. Don't forget to label your child's belongings.

- toiletries (tooth brush, tooth paste, soap, small towel)
- working flashlight
- sleeping bag & pillow
- long pants & sweatshirt
- change of clothes
- dry towel
- bathing suit
- extra water bottle

## **What Planet Kids provides:**

- Tents
- Dinner Wednesday night. A pasta dish or potatoes, sausage and drink
- Evening marshmallow roast around the camp fire!
- Breakfast on Thursday morning. Cereal, bagels and juice
- Lunch for Thursday. All campers will be given a sandwich, two snacks, juice box, bottle of water and a piece of fruit.

## **Evening Activities:**

Throughout the evening campers will participate in a variety of different activities that are planned by the staff in charge of sleepover, that week. As the night falls, campers and staff will all participate in a marshmallow roast, sit around the camp fire and sing songs! Younger campers Grade 2 & under will be assisted by staff in roasting their marshmallows.

## **Food Allergies and Accommodations:**

While we are able to accommodate children needing a vegetarian option for meals, we cannot guarantee that we can meet other dietary needs. If your child does require a vegetarian meal or has a dietary restriction please notify us at least 5 days prior to your child sleeping over.

## **Sleepover FAQ's**

### **What happens if it rains?**

If we know that there is a bad storm headed our way, we do have access to an indoor facility at Country Heritage Park, located just outside the Kelso Gates. All campers will walk over to the facility after evening bus loading and spend the night there.

If it rains throughout the night, campers & staff are to stay in the tents. All of tents are waterproof.

**What happens if my child gets sick?**

We have 2 Senior Staff that work at each sleepover. These staff are provided with a cell phone and an emergency contact list, so they are able to contact a parent if a child is needing to go home.

**What happens if my child needs to take medication, while at sleepover?**

Please complete a Medication Release Form the morning of, give it along with the medication to the Bus Monitor, at your child's bus stop.